

## About Our Day and Our Speakers

An addiction is a dependence on a behavior or substance that a person is powerless to stop. Without the substance or addictive behavior, the addict soon becomes incapable of “normal” behavior or human interaction.

Substance abuse and its related problems are some of our society’s most pervasive health and social concerns. Teens often use alcohol and other substances to self medicate depression, anxiety and ADHD. About 40 percent of teens who start drinking by age 14 develop alcohol dependence at some point in their lives.

Adult addiction not only results in health risks, it also has a direct impact on an individual’s ability to parent effectively and to obtain and retain employment. Older adult addiction is associated with poor health outcomes, increased disability and impairment, compromised quality of life, and higher rates of suicide. Addiction is a health condition that can be prevented and treated effectively.

This year’s panelists and discussion groups will address the varied nature of addiction, its different causes and treatment. The conference will feature nationally recognized experts on addiction who have studied and treated the many aspects of the problem. The 2010 Conference promises to be a most enjoyable and informative event.

[If you want to know more about addictions – whether you are a professional, consumer, family member or part of the concerned public – you should attend the Naomi Ruth Cohen Institute’s 2010 Community Mental Health Conference.](#)

### Panel of Experts



**Sheldon I. Miller, M.D.**, is a nationally recognized addiction expert and editor of the *American Journal on Addictions*. Dr. Miller previously was the Lizzy Gilman Professor and Chairman of the Department of Psychiatry at Northwestern Medical School; President of the American Academy of Addiction Psychiatry and Director of the American Board of Psychiatry and Neurology.



**Mark Sanders, LCSW, CADC**, is a member of the Addictions Program faculty at Governors State University. He is an international speaker in the addictions field whose presentations have reached thousands throughout the United States, Europe, Canada and the Caribbean. He is the author of several books and articles and in 2003 received the Professional of the Year Award for his work as a trainer and consultant in the addictions field in Illinois.



**Kathleen Kane-Willis** serves as interim Director of Roosevelt University’s Institute for Metropolitan Affairs and directs the Illinois Consortium on Drug Policy which she founded in 2005. Ms. Kane-Willis has been in recovery for heroin addiction for 17 years and frequently speaks about her personal experiences with substance use and recovery. Her reports on drug use and policies have been featured on front page articles in the *Chicago Sun-Times*, *Chicago Tribune*, *Chicago Daily Herald* and other publications across the Midwest

### Closing Remarks



**Inetta Schuetz** is a chaplain and pastoral counselor who has worked extensively in the addictions field. She is scheduled to receive a dual degree in 2010, Masters of Divinity from the Garrett Theological Seminary and a Masters of Social Work from Loyola University. She is an active member of the North Suburban Evangelical Free Church of America and its overall ministry leader for the addictions group.

## Discussion Groups

- 1 Parenting Strategies for Raising Healthy Children and Teens –**  
Jeremiah Hawkins, LCSW
- 2 The Effect of Addiction in Women –**  
Sylvia Corcoran, LCSW, CADC, MC ED
- 3 Men: Addiction and Recovery –**  
Robert Carty, LCSW, CADC, CCJP
- 4 Substance Abuse Among Older Adults: Challenges and Solutions –**  
Fran Schnadig, LCSW
- 5 Strategies and Resources for Families in Crisis –**  
Marcy Cohn, LCSW, CADC
- 6 Addiction 101: Understanding the Disease and Its Treatments –**  
Gary Hill, Psy.D., LMFT, CSADC;  
Susan Reed, MSN, CSADC, CAADC
- 7 Impact of Addiction on the Brain and the Body –**  
Lukasz Konopka, MA, Ph.D., ECNS, BCIA-EEG
- 8 Advances in Medication Assisted Addiction Treatment –**  
Liz Brumfield, M.D.
- 9 Spirituality and Addiction –**  
Rabbi Michael Schorin, D.Min., MA;  
Inetta Schuetz, AAS, MA, MACS
- 10 Eating Disorders / Food Addiction –**  
Gretchen King, LMFT; Kate Goldhaber, Ph.D.
- 11 Life Style Addictions: Sex, Gambling and Beyond**  
Mary Jo Barrett, MSW
- 12 Personal Recovery Stories –**  
Facilitated by Peter Iling, MSW
- 13 Dual Diagnosis: What Is It and What Do We Do About It? –**  
Stanley G. McCracken, Ph.D., LCSW, RDDP
- 14 Addiction in the Gay, Lesbian, Bisexual and Transgender Communities –**  
Braden Berkey, Psy.D.

## Ninth Annual Community Conference

  
**NAOMI RUTH COHEN**  
Institute for Mental Health Education  
at The Chicago School of Professional Psychology <sup>SM</sup>

**DISCOVERING HOPE:**  
Understanding **ADDICTIONS** –  
New Perspectives and Approaches  
for Individuals and Families

*A Conference*

*Open to Everyone Who*

*Wants to Know More*

*About Mental Illness*

**Sunday**

**May 23, 2010**

**12:45 p.m. – 5:30 p.m.**

**Beth Emet the Free Synagogue**

**1224 Dempster**

**Evanston, Illinois**

## 2010 Conference Sponsors

Advanced Clinical Neuroscience  
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 Elmhurst College  
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 Erika's Lighthouse  
 Evanston Coalition for Latino Resources  
 Evanston Community Foundation  
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Evanston NAACP  
 Evanston Substance Abuse Prevention Council  
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 The Josselyn Center  
 K.A.M. Isaiah Israel  
 Lake Street Church of Evanston  
 Lakeside Congregation for Reform Judaism  
 Lieberman Geriatric Health Centre  
 The Lilac Tree:  
 Resources for Divorcing Women  
 LINKS – Northshore Youth Health Service  
 Mental Health Association of the North Shore  
 Metropolitan Family Services  
 Midwest Palliative & Hospice CareCenter  
 NAMI Cook County North Suburban  
 NAMI of Greater Chicago  
 New Foundation Center  
 New Trier Township High School  
 New Trier Township Prevention Council  
 Niles Family Service

North Shore Congregation Israel  
 North Shore Senior Center  
 North Suburban Synagogue Beth El  
 Northshore University HealthSystem  
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 Pathways to Promise  
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 Evanston Sentinel  
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[www.pioneerlocal.com](http://www.pioneerlocal.com)

## Schedule of Events

11:45 a.m. – 12:45 p.m.

### Registration

Exhibits Open



12:45 p.m.

### Welcome

Cantor Arik Y. Luck,  
 Beth Emet Synagogue

12:50 p.m.

### Opening Remarks

Lawrence Cohen, Founder,  
 Naomi Ruth Cohen Institute

1:00 p.m.

### Panel Presentations

Dr. Sheldon Miller  
 Mark Sanders  
 Kathleen Kane-Willis

*Please note that there will be a short break before the question and answer period.*

### Questions and Answers

Moderator – Dr. Carroll Cradock,  
 President, The Chicago School  
 of Professional Psychology,  
 Chicago Campus

3:00 p.m.

### Break

Light sandwiches served in the Crown Room

### Exhibits Open

3:45 p.m.

### Discussion Groups

Meet in assigned classrooms

5:10 p.m.

### Concluding Remarks

Inetta Schuetz

This program is underwritten by the Naomi Ruth Cohen Institute, a 501(c)(3) non-for-profit corporation. The Institute promotes educational programs such as this conference and supports organizations engaged in mental health research, education, self-help, anti-discrimination and advocacy. Contributions to the Institute may be sent to 325 N. Wells, Chicago, Illinois 60654.

## Registration Form

Register online at [www.naomicohenfoundation.org](http://www.naomicohenfoundation.org)  
 or FAX to **312.644.6096**

or return this form to:

**The NRC Institute at The Chicago School**  
**325 N. Wells • Chicago, Illinois 60654**

Name: \_\_\_\_\_

Organization: \_\_\_\_\_

Billing Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Daytime Phone: \_\_\_\_\_

E-mail Address: \_\_\_\_\_

**Please Note: Each registrant will attend one discussion group – my two choices for the breakout discussion session are:**

### Registration Fee:

\$30 before 5/17/10 \$ \_\_\_\_\_

\$35 after 5/17/10 \$ \_\_\_\_\_

### Social Work and LCPC CEU's:

**Additional Fee \$10** \$ \_\_\_\_\_

I am unable to attend but would like to make the following donation: \$ \_\_\_\_\_

**Total Payment** \$ \_\_\_\_\_

### Payment required at time of registration

#### Method of Payment:

Check (payable to Naomi Ruth Cohen Institute)

Please charge my:  VISA  MasterCard  AMEX

Name of Cardholder: \_\_\_\_\_

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**3 Digit Code Required:** \_\_\_\_\_

### Scholarships Available

For further information call **312.467.2552**  
 or **847.869.4230 x335**

E-mail [nrcinstitute@thechicagoschool.edu](mailto:nrcinstitute@thechicagoschool.edu)